

King's Daughters Circular

October 2023

"Our circles of friendship are committed to the support and well-being of seniors in our community."

From the President's Desk

"Autumn, the season that teaches us that change can be beautiful." This quote by **Heather Stillufsen** is oh so true! Every success story is fueled by modification, adaptation and a willingness to embrace "change."



The **King's Daughters Organization** has certainly been

able to adapt to "change" over the last 130 years. It is remarkable how we have continued to grow as an organization. We have given more money to the community than ever before, continued to grow our membership, and just celebrated the most successful **Luncheon and Style Show** since its inception, 75 years ago! All this accomplished amid "change" ... a "new" mission, a pandemic, and modified time frames!

We have had so many wonderful success stories, and I am hopeful we will have few more to look forward to in the very near future. Specifically, we have been working diligently to find a company to assist us with the **KDO**Web Page. After months of exploration, I am pleased to announce we are in the final stages of signing a contract with SYSTEMAX, a local company, which will develop a plan and course of action for the continued promotion of **KDO**. This endeavor will allow **KDO** to tell our story, use digital tools and create an accurate presence on-line. A "change" so needed for **KDO**.

Hopefully, all **KDO** members have received the **SWOT Analysis**. Your feedback is imperative so that we can assess advantages and disadvantages of our organization and find ways to improve and/or understand our struggles. Your efforts will help us prioritize goals and objectives for the future and determine what "changes" may be needed for continued success.

There is so much going on and a lot to keep track of in the very near future. The next **Social** is scheduled for **December 7, 2023, at Boccardi's Italian Imports.** Look for the **Constant Contact** invitation and get your reservation in early. I know it will be festive and attendees can definitely plan on having a GREAT TIME! Additionally, all circles will be able to participate in the Illinois Presbyterian Home (IPH) - Fair Hills Residence Christmas Party this year. Cathy Boerke will continue to keep in touch with all the pertinent information. Don't forget our next grant cycle is around the corner. Please encourage our new members to make the leap and participate in this wonderful process. Thank you for your continued support of the Daily Bread deliveries at the Senior Center and the Personal Shopper program at IPH.

From personal growth to societal progress, change is the driving force that will continue to propel us forward. We are on point!

Rising Up Kim Cochran



KDO Through the Years!

Karen Alexander (WI), Karen Little (GD), Carol Harms (ML), Diana Dedrick (PR), Maryann Walker (FR), Suzie Duff (MB), Shirley Bruner (MG), Cathy Boerke (MP/N), Jennifer Midden (PRo) (see page 3)

First Vice President Cathy Boerke (NP/N) - Mission Chair Report

2023-2024 **Executive Committee**

President: Kim Cochran

1st Vice President: Cathy Boerke
2nd Vice President: Christie
Goleman
Secretary: Terry Kolaz
Assistant Secretary: Amy Rasing
Treasurer: Colleen Stone
Assistant Treasurer: Sally Cadagin

Board of Directors

*Friendship*Sharon Heflin

Grateful DaughtersBrownie Anderson
Sandy Bellatti
Karen Little

Margaret Garfield
Sally Cadagin
Donna Jean Gibney
Teresa McElwee
Nance Woodward

Marjorie Post-Nightingale
Cathy Boerke
Angela Capranica

Mary A. Lawrence
Stephanie Kent
Mary Ann Smith

Mary H. Blackstock
Christie Goleman
Terry Kolaz
Amy Rasing
Brenda Staab

Polly Roesch Sue Shevlin Frances Tomashavich

ProgressSally Cray
Diana Dedrick
Terri Hempstead
Carol Sobeck

Willing
Kim Cochran
Colleen Stone
Chiffonia White

It's All in the Bag!



I don't know about you, but I can hardly believe it ... the holidays are just around the corner! And, once again, we will be looking forward to reaching out to our friends at **Illinois Presbyterian Home - Fair Hills Residence** to bring glad tidings and spread good cheer.

This year we will be revisiting the opportunity for each circle to contribute their own chosen items as a donation to the gift bags. In the past, we have seen everything from personal

hygiene products to fun novelties. So, give it some thought, and you may come up with an item that best reflects your circle. We are also gearing up for the **Christmas Bingo Party** on December 13th. If you are interested in joining the holiday committee, please reach out to your circle leader or to me, Cathy Boerke, at cboerke@aol.com.

Blackstock Grant Update

Did someone say bedbugs? As our President, Kim Cochran, stately puts it, "Who knew?" In May 2023, **Senior Services of Central Illinois** was awarded \$30,000 to provide direct services and support to clients facing bed bug infestations. In addition, the grant was to be used to educate the public and to provide an educational opportunity to professionals. By doing this, it would raise general awareness and increase the knowledge of professionals for best practices when dealing with clients.

The original grant agreement restricted the use of grant funding for private homes, not high rises. Upon the first quarter review, the **Blackstock Committee** learned the importance of also making funds available for people living in apartments. Additionally, the Committee learned that not only is it important to use the funding for eradication treatments, but also to use the funding to help people prepare for that treatment. Each resident must remove their clutter, have their clothing cleaned, and have other personal property addressed. Oftentimes, items may need to be thrown out. It is a costly procedure and adversely affects many of our older adults who are living on a fixed income. An additional \$30,000 in funding was approved to address this broader scope of need. We hope the additional reach proves to benefit the quality of life for those affected.

Traditional Grants

Sangamon County has a diverse set of needs and limited funding for the many non-profits that are looking to enhance the lives of those 55 and older. By serving on the **Traditional Grant Committee** and becoming involved in the "why" of what **KDO** does, committee members benefit from educating and enriching encounters with grant applicants. It is a great way to learn about the needs of the community and how you, as a **KDO** member, can be a driving force for the solution. You will be filled with compassion and a great sense of connection to both the applicant and our organization. If you have never sat on the **Traditional Grant Committee**, I invite you to consider serving. We are looking for new people to get involved and share in the outcomes that past committee members have had the pleasure to experience.

On **October 3, 2023**, the **King's Daughters Organization** presented the **75th Annual Luncheon and Style Show** at the **Crowne Plaza**. The **Diamond Jubilee** theme was **"Serving Seniors for 75 Years."** This event, originally founded by **Progress Circle**, now includes all **Circles of Friendship**, who worked tirelessly to make the **Diamond Jubilee** celebration one for the record books.

Laura Carmody (MB), Event Co-Chair, opened the show by introducing Brianna Gude-Price, who sang the National Anthem. We were so fortunate to have Brianna share her beautiful voice with us. Laura continued the program by announcing the Title Sponsor CONCORDIA VILLAGE and the Event Sponsor SPAVIA. Also introduced were the NINE Gold Sponsors and THIRTY-TWO Silver Sponsors. Thanks to these sponsors and other donors, this Diamond Jubilee celebration raised more sponsorship funds than ever before in event history, meaning even more support for our mission!

A lunch of strawberry spring leaf salad, rosemary chicken with rice pilaf, and candied carrots was served. Also offered were two delicious options of dessert, tiramisu or New York cheesecake. Available at the bar were a variety of beverage selections, including several cleverly KDO themed.

Diana Szczepanski was the mistress of ceremony for the **Style Show** and introduced seven stores: **Chico's**, **Bella Boutique**, **J. Jill**, **Scheels**, **The Wardrobe**, **The Yellow Door**, and **White House Black Market**. Many fun fashions for all ages were shown. Following an intermission, **Laura Carmody** announced three winners of **Spavia** gift cards. Diana then resumed the style show with a special treat. All nine **Circles of Friendship** were represented by a member wearing a period outfit from the year their circle was formed:

Willing Circle, est. 1890, modeled by Karen Alexander
Grateful Daughters Circle, est. 1893, modeled by Karen Little
Mary A. Lawrence Circle, est. 1904, modeled by Carol Harms
Progress Circle, est. 1907, modeled by Diana Dedrick
Friendship Circle, est. 1920, modeled by Maryann Albertoli Walker
Mary H. Blackstock, est. 1936, modeled by Suzie Sables Duff
Margaret Garfield Circle, est. 1955, modeled by Shirley Bruner
Marjorie Post / Nightingale Circle, est. 1950's, modeled by Cathy Sgro Boerke
Polly Roesch Circle, est. 2013, modeled by Jennifer Midden

The **Style Show** then resumed with another round of fabulous fashions from the seven style show contributors. It was especially fun to see the children on the runway. At the close of the show, five lucky **Split-the-Pot Raffle** winners were announced.



Event Co-Chairs
Laura Carmody (MB)
Cathy Schwartz (MB)
Kelly Griffin (PR)

The day was made special by other activities as well. **Silent Auction** had sixty fun baskets, gift cards and services on which to bid. **Bakery** had wonderful and tempting treats and almost doubled their sales from last year. **Purses** and **Jewelry** had great selections and exceeded all expectations. **Marketplace** offered many options to take home treasures at a reasonable price. Sales were outstanding and, while totals are still being calculated, all-time records were set in these areas as well.

We wish to **thank all those who donated and volunteered** to make this event one to remember.

Please mark your calendars for next year's **Luncheon & Style Show** on **October 7, 2024**.



Style Show
Chair Diana Szczepanski (PR),
Stephanie Moore (GD)

A Sincere Thank You to all the Luncheon and Style Show Sponsors!!

TITLE SPONSOR: CONCORDIA VILLAGE LUTHERAN SENIOR SERVICES

EVENT SPONSOR: SPAVIA

GOLD SPONSORS

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INB - Illinois National Bank

Mary H. Blackstock Circle

Troxell

Willing Circle

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Friendship Circle
Grateful Daughters Circle
Greater All Nations Tabernacle
Church
Hickory Point Bank
Illinois Presbyterian Home
Kim Cochran & Friends
Kathy Mihelich & Terri
Hempstead
Margaret Garfield Circle
Marjorie Post/Nightingale
Mary A. Lawrence Circle

Mary H. Blackstock Circle
Mayor Misty Buscher
O'Connor Mailing Service
Polly Roesch Circle
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Synergy
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Willing Circle

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Maureen Schaaf Mildred Burns Mill Creek Alzheimer's Special Care Center Mya Katauski Reid Family Wellness Sarah Bunn

Saputo's Sara Lieber Sheehan & Sheehan Lawyers PC Skinner Cooper Ehman Wealth Sue Ellen Green Sue Shevlin



Holiday Decor

Left to Right: Jan Wilson (PR), Bobbi Claypool (PR),

Gail Noll Milhiser (PR)



Purses & Accessories
Shawn Andrews (PR), Diane Brinkman (PR)



Front: Colleen Stone (WI), Sally Cadagin (MG)
Back: Debbie Shelton (PR), Carol Sobeck (PR)



Bakery
Ladies behind the counter: Carolyn Randall (WI),
Susie Risser (WI), Chiffonia White (WI)



Kitchen & Dining Essentials
Cindy Milner (MB), Katie Marinelli (MB),
Laura Carls (MB)



Split-the-Pot Raffle

Left to Right: Debbie Coontz (ML), Stephanie Kent (ML),

Mary Ann Smith (ML), Debbie Crowe (ML)



Left to Right:
Anne Haaker (MB)
Cathy Schwartz (MB)
Alice Nelle (PR)
Carol West (PR)
Karen Moffat (PR)



Welcome
Left to Right: Marsha Selvaggio (PR),
Kim Cochran (WI), Susan Fulks (PR)



Silent Auction Co-Chairs
Amy Rasing (MB), Brenda Staab (MB)



Silent Auction

Thank you to the following Silent Auction Donors*:

Amy Rasing Apple Barn Ayten Welch Bella Milano Bella Roma BJ Grand Salon & Spa **Bob & Sarah Bunn** Brenda Staab Carolyn York Charlotte Sweatman Chico's Corner Pub **Country Market** Darcy's Pint Diana Dedrick Diana Hetherington Diana Szczepanski

Diane Williams District 23 **Dublin Pub** Fifth Third Wealth Advisors - Jennifer Rahn Fit Club Food Fantasies - Jeff Elston Friendship Circle Grateful Daughters Circle Homescapes Illinois Grape Growers & Vinters Alliance Illinois Presbyterian Home Communities Island Bay Yacht Club Jacob Bennett Jane Locascio Jeannette Hassebrock

Joseph's Fine Cuisine Kelly Griffin Knight's Action Park -George Knight Spavia - Laura Carmody Margaret Garfield Circle Margie Wolters Marjorie Post/Nightingale Circle Marsha Selvaggio Mary A. Lawrence Circle Mary H. Blackstock Circle Mowie's Cue Neena's Treasure Shop on Etsy Neuhoff Media Nora Puglia

Pao Bistro

Paula Ryan
Phil Locascio
Polly Roesch Circle
Progress Circle
Robert's Seafood
Safe Haven Hospice
Tamara Burris
Teresa Mavis
Terri Hempstead
Terry Kolaz
The Wardrobe
The Yellow Door
Village Tea Room
Willing Circle

* We apologize if any donors were missed.



Left to Right: Pattie Thompson (MB), Ayten Welch (MB), Maria Nachtwey (MB), Cathy Schwartz (MB), Tavie Casper (MB), Karen Hasara (GD), Jan Sables (MB), Anne Haaker (MB)



Left to Right: **Jennifer Miller**, **Suzanne Ellerbrink, Terri Hempstead** (PR), **Susan Scholz**



Seated: Marilyn Egger (FR), Judy Rader (FR) Standing Left to Right: Shelly Burnett (FR), Sharon Heflin (FR), Marti Doyle (FR), Karen Coughlin (FR), Marsha Marvel (FR)



Seated Left to Right: Janet Carey (ML), Cindy Davies (ML), Sharon Messinger, Sharon Nation (ML), Joan Rothfuss (ML)

Standing Left to Right: **Jeannette Hassebrock** (ML), **Beverly Collins** (ML), **Janet Peebles** (ML)



From Front left clockwise around the table:
Diana Szczepanski (PR), Carolyn York (PR), Deb
Philo, LaVonne Mau, Kelly Griffin (PR), Michele
Cimarossa, Candy Freeman, Gilma Weemer



Left to Right: Janet Plohr (MG), Susan Londrigan, Nance Woodward (MG), Mary Renner (MG), Sue Davis (MG)

Diamond Jubilee Style Show

Chico's

Cara Pasdeck, Manager

Bella Boutique

Elizabeth Eckert, Owner

J. Jill

Lane Jones, Manager

Scheels

Katarina Shelton, Assist. Store Leader

The Wardrobe

Sami McElwee, Owner

The Yellow Door

Ronda Brown & Heidi Hiser, Co-owners

White House Black Market

Misty McCart, Manager



































KDO Membership Social at Island Bay Yacht Club

On September 21, just a couple days before the "official first day of Fall," over eighty members and some guests (many of whom were interested in joining!) gathered for an evening of fellowship at **Island Bay Yacht Club**.

The evening weather turned from rainy and overcast to a wonderful sunset over the lake as members arrived, adding to the enjoyment of those in attendance. Our event included a signature cocktail ... a Pumpkin Martini ... plus an array of appetizers and sweet treats.

A bag of "KDO Fall Blessing Mix" was a take home favor at each place setting:

Bugles – shaped like the cornucopia, the horn of plenty that we share with seniors

Pretzels – arms crossed and folded in thanks and prayer for all that we do and those who benefit

Candy Corn & Nuts – remind us what we can grow from even just one carefully tended kernel or seed, and the impact we can make!

M&M's - memories of those who came before us to guide us to a Blessed future

Dried Fruit – the bountiful fruits of the earth that we can enjoy in fellowship

A huge thanks to the **Social Committee** for their planning and work to make the evening one to remember!

Social Committee: Jo Bunn (WI), Sally Cadagin (MG), Cindy Denby (WI), Suzie Duff (MB), Brenda Staab (MB), Mary Ann Smith (ML), Francis Tomashavich (PRo), with assistance stuffing treat bags from President Kim Chochran (WI)

The Social Committee is ready to keep this year's momentum going by announcing the dates of the next Socials.

Mark your calendar and look forward to:

Thursday, December 7, 2023
Holiday Party at Boccardi's Italian Imports
and

Saturday, April 20, 2024

Tea for Two at the Brinkerhoff Mansion.

Bring someone interested in joining KDO!



Left to Right: Jackie Price-Lucas (WI), Candice Trees, Evelyn Howse, Yolonda Rice (MP/N)



Around the Table from the Front Left to Right: Jane Rosa (WI), Kim Cochran (WI), Jo Bunn (WI), Brenda Staab (MB), Judith Barringer (WI), Colleen Stone (WI), Cindy Denby (WI)



Left to Right: **Jennifer Midden** (PRo), **Dave Compton, Lori Midden** (PRo), **Sue Shevlin** (PRo)

Circle News

Mary H. Blackstock Circle

Members of the Mary H. Blackstock Circle celebrated their KD Lady Joy Beath's "half" birthday on June 25th with a luncheon at Red Lobster. Joy is the last remaining of the original King's Daughter's Home residents.



Left to Right: **Jan Sables**, **Patricia Altorfer**, **Candy Thornton**, **Maria Nachtwey**, **Laura Carmody**, **Cathy**

Schwartz, Brynn Henderson, Patti Thompson, Brenda Staab, Lisa Coakley. Joy Beath (seated in front)

Mary A. Lawrence Circle

On August 29th, **Mary A. Lawrence** members joined residents of the **Illinois Presbyterian Home - Fair Hills Residence** for its "Summer Fun Day"

activity. The residents were treated to vanilla, chocolate, and strawberry milkshakes made and served by the ML ladies. While enjoying their milkshakes, they played tabletop beach volleyball. As reported by **IPH Executive Director, Maryann Walker** (FR), one of the funniest parts of the activity was everyone working



together at the end to deflate the game. Circle members, staff, and residents were all laying on the table trying to get the air out!



Left to Right:
Mary Ann Smith,
Shirley Stoldt,
Beverly Collins &
Mary A. Lawrence's
KD Lady Susan Harris

Margaret Garfield Circle

After a hiatus of several years, **Margaret Garfield Circle** once again held its Summer Fundraising Party.
On June 23rd, members, spouses, and guests gathered

at Boccardi's Italian Imports to enjoy food, wine, and each other's company. In addition to other KDO and MG Circle Mission purposes, money raised by the fundraiser is used to support monthly bingo at IPH Communities - Fair Hills Residence.



Jill Aiello, Terri Greenwald



In Remembrance of members who are gone but not forgotten.

(June 2023 through September 2023)

Current Members

Friendship CircleLynne Kathryn Ewan

Mary H. Blackstock Circle
Cassie Burnett

Former Members

Mary H. Blackstock

Chari Yest Binstadt

Progress

Mary A. Forsyth

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#### Welcome New Members!

(June 2023 through September 2023)

Margaret Garfield Circle

Eve Fischberg Rebecca Kwedar Barb Wolfson

Marjorie Post/Nightingale Circle
Emily Lynch

**Progress Circle**Shelly M. Bailey
Leslie Graves

**Terry Rogers** 

#### **KDO Membership Roster**

Please contact **Teresa McElwee**, KDO Database Manger, at tmcelwee5@comcast.net

if you would like to receive a **digital copy** of the **roster**. And please, notify your circle leader (or email Teresa directly) if your contact information changes. The Roster can only be kept up-to-date with your help!

REMEMBER: The roster is for **members' personal use only,** not to be used or shared for any other purpose.



Left to Right: Pam Robert, Jan Parr, Nance Woodward, Donna Jean Gibney

### KDO Grants Spreading Some Joy!

#### The Joy of Movement

Before you walk into a **Joy of Movement** (JOM) dance class, you will hear music and laughter. This class is serious fun. Thanks to a generous grant from the **King's Daughters Organization** (KDO) at the **Community Foundation for the Land of Lincoln**, JOM classes offer healthy exercise, fun, and a sense of community to people living with **Parkinson Disease** (PD) and their care partners.

**Eve Fischberg**, an experienced occupational therapist, who is also trained in dance for PD and **Parkinson's Wellness Recovery Moves**, founded **Joy of Movement** in 2016. Since then, scores of people living with PD, along with their care partners, have benefited from these valuable exercise and dance classes, which have been offered in Springfield free of charge. **JOM** has been the fortunate recipient of a grant from **KDO** every year since 2019.

Although medications can help to relieve some of the movement symptoms of PD, only physical exercise can slow the progress of the disease. Adapted dance classes have been supported by research as an effective non-drug intervention for people with PD and their care partners, improving balance, flexibility and functional mobility, as well as elevating mood, strengthening social connections and increasing self-efficacy.

Boundless thanks to **KDO** for sharing the joy!

**The Joy of Movemen**t was awarded a **2023 KDO Traditional Grant** in the amount of \$4,200.

Springfield Muni Senior Bus Program ...
spreading "musical joy" one bus trip at a time!

Residents from **Illinois Presbyterian Home Communities Independent Living** took advantage of the Muni's **Senior Bus Program**, with several attending all four *Senior Nights* performances. They enjoyed the shows and were pleased by the bus driver's willingness to accommodate their pick up/drop off location.



Waiting for the bus to the June 8 performance of Fiddler on the Roof.

In recognition of the \$7,500 KDO Traditional Grant awarded in May and the assistance it provided in bringing seniors to the shows, Gil Opferman, Program Co-chair, presented KDO with a "Thank You" Award at the Muni Opera's Annual Banquet, held on October 19 at Panther Creek County Club. Amy Rasing (MB) had the privilege of accepting the award. Also present was Mary Ann Smith (ML), who served as a bus hostesses.

Thank You to these generous KDO members and friends who have made contributions to the King's Daughters Organization.

#### **GIFTS TO KDO TREASURY**

June 2023 to September 2023

# Gifts in Memory of: Cassie Burnett

Brenda Staab

**Maureen Earley**Mary A. Lawrence Circle

Mary Forsyth
Progress Circle

Jack Fyans Friendship

Marcus Lucas Kim Cochran

**Donation Gift:**Jane Snyder

# GIFTS TO CFLL-KDO DONOR ADVISED FUND

June 2023 to September 2023

#### Gift in Memory of:

**Jackie Woodruff**Grateful Daughters Circle

#### **Donation Gifts:**

Sandy Bellatti Sally Cadagin Terri Hempstead

#### **Bequest:**

Dwight & Bertha Cross Fund

If interested, you may provide support for **KDO** and its **Mission** through donations to either:

**KDO Treasury** 

CFLL- KDO Donor Advised Fund.

You may mail a donation payable to **KDO** <u>or</u> **CFLL-KDO DAF** to: KDO Treasurer

P.O. Box 2087 Springfield, IL 62705



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# "Sharing Life in Circles of Care and Friendship"

### Find us on Facebook or at www.kdospringfield.org

### <u>VERY IMPORTANT</u> -- WATCH FOR EMAILS FROM CONSTANT CONTACT!!

Constant Contact is the primary way KDO keeps in direct touch with its membership. Help us make sure the KDO Membership Database has up-to-date email addresses for ALL members. Please notify your circle leader of any changes, or email Teresa McElwee at <a href="mailto:tmcelwee5@comcast.net">tmcelwee5@comcast.net</a>.

Unless you <u>indicate otherwise</u>, your contact information will be included on the **KDO Membership Roster** in the **Members Only** section of the **KDO Website**.

#### Save these Dates!

KDO Holiday Social Thursday, December 7, 2023 Boccardi's Italian Imports

Tea for Two Saturday, April 20, 2024 The Brinkerhoff Home

Watch for More Details through Constant Contact.

<u>IMPORTANT</u>: Distribution of the *King's Daughters Circular* is now primarily <u>DIGITAL</u>, either through email using <u>CONSTANT CONTACT</u> or on the <u>KDO WEBSITE</u> (www.kdospringfield.org).

If you DID NOT receive a PRINTED version and wish to do so, please contact TERESA McELWEE.

Also, please notify Teresa if you have a NEW MAILING or EMAIL ADDRESS, if you will be temporarily away, or if you wish to be removed from the mailing list.

Be aware that if you are removed from the email list, you will miss notifications from KDO.

Contact Teresa McElwee at tmcelwee5@comcast.net or through CFLL at 217-523-4332

**Newsletter Editor: Donna Jean Gibney (MG).** 

Assistance with this issue: Cathy Boerke (MP/N), Sally Cadagin (MG), Kim Cochran (WI), Christie Goleman (MB), Kelly Griffin (PR), Jane Locascio (WI), Teresa McElwee (MG), Amy Rasing (MB), Diana Szczepanski (PR), Brenda Staab (MB)

Photo editing assistance provided by Vincent Zuck (KDO Associate Member)